

Allow me to introduce myself! I'm Robin Davis, a Regional Aquatic Fitness Instructor Trainer for Vancouver Parks and Recreation, an approved Aquatic Exercise Association continuing education provider, and owner of Aquatics and More. As a professional aquatic fitness instructor with 22 years of experience in the municipal aquatic recreation environment, I am dedicated to excellence in leadership. I know what a difference trained staff can make to your patrons and programs.

Aquatics and More offers an in-house Aqua Fitness Leadership Training Program. A&M provides quality training and a certificate of completion at affordable rates and is custom-designed for your facility, meeting your instructional and programming needs.

The popularity, safety, and effectiveness of your aqua fitness classes depend on the quality of your staff. Too often, trained aqua fitness leaders are in short supply and national certifications can be costly or inaccessible. Life-guards, who may have no knowledge of vertical aquatic exercise, often teach classes for which they are unqualified. My goal is to solve those problems by delivering affordable training to instructors.

Spring is just around the corner, so this is the perfect time to prepare your staff for upcoming spring and summer programming. Whether you opt for the A&M in-house certificate or a single training workshop, I can help. Hosting an A&M course or workshop is easy and has many benefits for you, your staff, and your patrons at no upfront cost to you. The status of your facility increases when you provide quality education to instructors in your region.

A&M courses and workshops are being scheduled for the fall of 2014 and spring of 2015, and it would be my pleasure to meet and work with your instructors. Do not hesitate to contact me for information about the A&M certificate, as well as a variety of workshop offerings.

I would welcome the opportunity to discuss A&M training options with you and look forward to connecting with you at your convenience.

Kind regards,

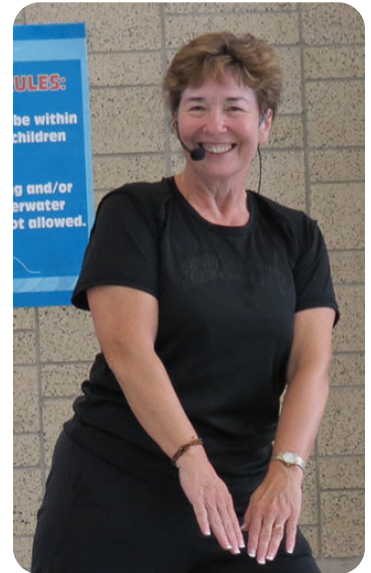
Robin Davis

Regional Aquatic Fitness Instructor Trainer

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“ It was really an incredible two days, [...] I believe that I definitely got my money's worth and came away educated and excited to start a career in water instruction. ”

- Laura Peterson, student